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- 1. A light source comprising:
 - a waveguide with a phosphor region; and

an excitation source that directs excitation energy at the light waveguide other than in a waveguide direction such that light is generated in a waveguide direction and/or parallel to a waveguide direction.

- 2. The light source of claim 1 wherein said waveguide is comprised of a spiral.
- The light source of claim 1 wherein the waveguide is comprised of multiple spirals configured about the same center.
- 4. The light source of claim 1 wherein said waveguide has a small cross-section in relationship to compared a large longitudinal dimension.
- 5. The light source of claim 1 wherein said excitation source is an electron beam.
- 6. The light source of claim 1 wherein said excitation source is light.
- 7. The light source of claim 1 wherein said excitation source is an alternating electric field.
- The light source of claim 1 wherein said waveguide is constructed to control the spontaneous emission rate of the phosphor in the phosphor region.

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- 9. The light source of claim 1 wherein the one of the dimensions of the waveguide is on the order of a wave length of light.
- The light source of claim 1 wherein mirrors are placed on one or more sides of the waveguide.
- 11. The light source of claim 10 wherein said mirrors are comprised of aluminum.
- 12. The light source of claim 10 wherein said mirrors are comprised of alternating layers of materials with different indicies of refraction.
- 13. The light source of claim 1 including another waveguide associated with the waveguide with the phosphor layer.
- 14. The light source of claim 1 including a multiplicity of waveguides, each forming a pixel.
- 15. A light source comprising:

a waveguide;

a phosphor region associated with the waveguide; and

an excitation source that directs excitation energy at the waveguide other than in a waveguide direction such that light is generated in a waveguide direction and/or parallel to a waveguide direction.

- 16. A light source comprising:
- a phosphor film which has a long dimension and a small crosssection, the phosphor film having at least one waveguide mode in the long dimension; and

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an excitation source that directs excitation energy at the phosphor film other than in a waveguide direction such that light is generated in a waveguide direction and/or parallel to a waveguide direction.

- 17. The light source of claim 1 including at least one of a light on ramp and a light off ramp associated with the waveguide.
- 18. The light source of claim 15 including at least one of a light on ramp and a light off ramp associated with the waveguide.
- 19. The light source of claim 16 including at least one of a light on ramp and a light off ramp associated with the phosphor film
- 20. The light source of claim 15 wherein the waveguide is comprised of a spiral.